

# 2003 Health and Preventive Practices Status Report

## from Missouri County-level Study



# Callaway County\*\*

|  | County<br>Prevalence<br>(%)* | Central<br>Region Prevalence<br>(%)* | State<br>Prevalence<br>(%)* |
|--|------------------------------|--------------------------------------|-----------------------------|
| <b>G</b> eneral                                    |                              |                                      |                             |
| Health Status (Fair or Poor)                       | 15.8                         | 18.6                                 | 16.9                        |
| No Health Coverage                                 | 9.3                          | 13.0                                 | 12.3                        |
| <b>B</b> ehavioral Risk Factors                    |                              |                                      |                             |
| Physical Inactivity                                | 21.1                         | 23.7                                 | 23.0                        |
| Current Smoker                                     | 27.4                         | 27.9                                 | 26.5                        |
| Overweight (BMI 25-29.9)                           | 38.4                         | 36.6                                 | 35.3                        |
| Obese (BMI ≥ 30)                                   | 21.9                         | 23.6                                 | 23.4                        |
| <b>D</b> isease and Conditions                     |                              |                                      |                             |
| High Blood Pressure                                | 28.4                         | 27.7                                 | 28.5                        |
| High Cholesterol (35 years or older)               | 40.0                         | 36.0                                 | 37.3                        |
| Asthma   | 13.3                         | 10.9                                 | 10.7                        |
| Diabetes   | 9.1                          | 7.4                                  | 7.2                         |
| Activity Limitation                                | 19.3                         | 19.4                                 | 17.8                        |
| <b>C</b> ancer Screening                           |                              |                                      |                             |
| <i>Women</i>                                       |                              |                                      |                             |
| Never had a Mammogram                              | 9.4                          | 12.9                                 | 13.4                        |
| No Mammogram or Clinical Breast Exam in Last Year: |                              |                                      |                             |
| 40-49 years of age                                 | 56.8                         | 46.3                                 | 49.4                        |
| 50-64 years of age                                 | 21.1                         | 31.2                                 | 35.9                        |
| 65 and older                                       | 67.8                         | 54.3                                 | 47.4                        |
| Never had a Pap Test:                              |                              |                                      |                             |
| 18-69 years of age                                 | 4.8                          | 3.0                                  | 5.1                         |
| 70 and older                                       | 0.0                          | 8.8                                  | 6.4                         |
| No Pap Test in Last Year (18-29)                   | 37.9                         | 20.2                                 | 25.8                        |
| No Pap Test in Last 3 Years (30-69)                | 18.9                         | 12.5                                 | 13.8                        |
| <i>Men and Women 50 Years or Older</i>             |                              |                                      |                             |
| Blood Stool Test:                                  |                              |                                      |                             |
| Never had a Blood Stool Test                       | 56.5                         | 59.9 H                               | 57.0                        |
| No Blood Stool Test in Last Year                   | 79.6                         | 82.4 H                               | 77.5                        |
| Sigmoidoscopy/Colonoscopy                          |                              |                                      |                             |
| Never had a Sigmoidoscopy or Colonoscopy           | 44.5                         | 50.3                                 | 49.2                        |
| No Sigmoidoscopy or Colonoscopy in Past Five Years | 59.0                         | 60.4                                 | 57.0                        |

\*Prevalence rates are age adjusted to the 2000 U.S. standard population

■ indicates that the prevalence rate is not significantly above or below state prevalence

H indicates that the prevalence rate is significantly above the state prevalence

L indicates that the prevalence rate is significantly below the state prevalence

Unless otherwise noted respondents are 18 years of age or older

\*\* The best indicators for Callaway county were obtained by combining data from Callaway and Audrain counties.